



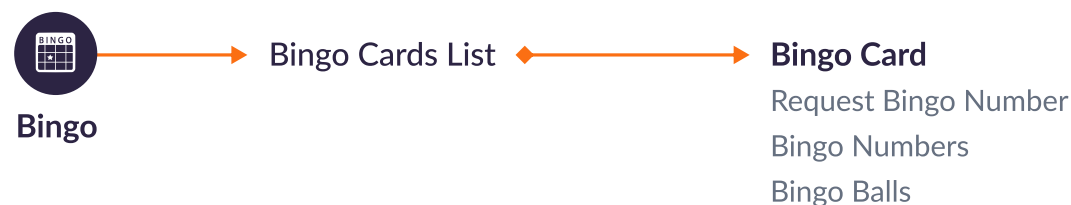
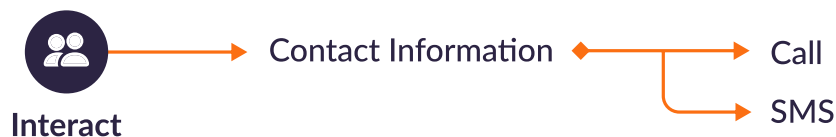
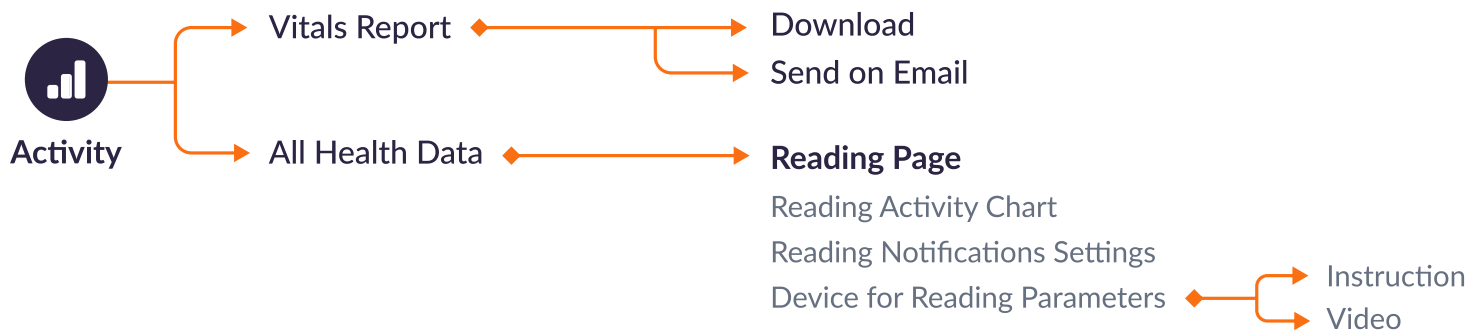
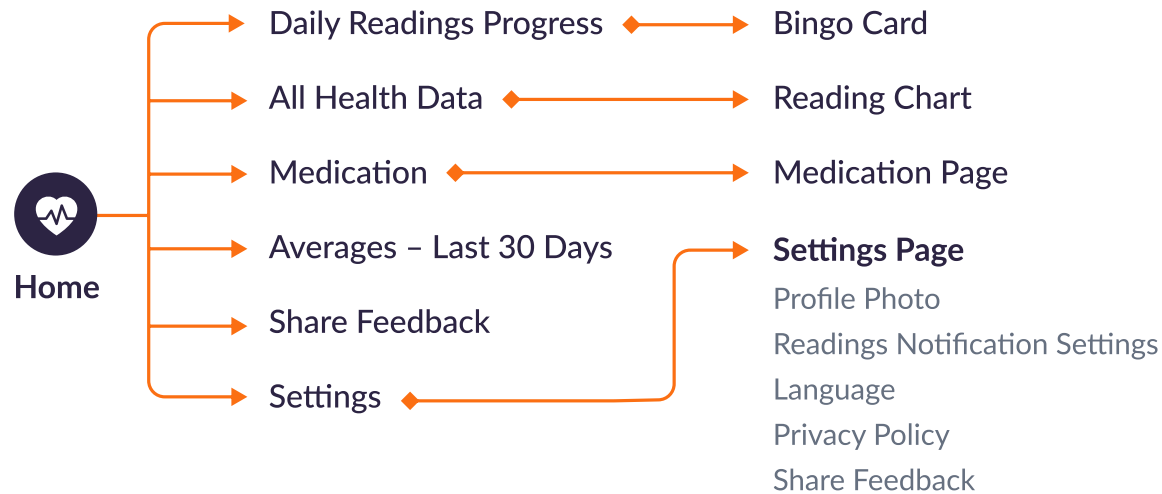
Mobile Application

User Guide

Guide Content

Application Structure	1
Sign Up Process	2 – 3
Sign In Process	4
Home – Daily Readings	5 – 6
Home – Appointments	7
Home – All Health Data	8
Home – Medication	9 – 10
Home – Averages	11
Share Feedback	12
Home – Settings	13–15
Activity Section – Vitals Report	16 – 17
Activity Section – Chart	18 – 19
Activity Section – Device Instructions	20
Activity Section – Notifications	21 – 22
Interact Section	23
Info Section – Next Appointment	24
Info Section – Medication	25 – 29

Info Section – Devices	30
Info Section – Allergy Log	31
Info Section – Goals	32
Bingo Section	33 – 35





Once installed, open the app by tapping its icon on your home screen.

1 On the app's welcome screen, click "**Sign Up**" on the bottom right.

2 Fill Out the Registration Form:

- Phone number
 - Email
 - Personal information
 - Referral information
-

3 Close the application. You can expect a reset password message at the email you provided during registration.

5 Go to your email, look for our email message, and click the **"Reset password"** link.

6 Create & confirm your personal password. For added security, use a mix of letters, numbers, and special characters. Then press the **"Sign In"** button.

7 Congratulations! You have set up your account. 🙌



Once installed, open the app
by tapping its icon on your home screen.

- 1** **Enter Your Credentials:**
 - Email: Enter the email address you used to create your account.
 - Password: Enter your password.
- 2** **Submit the Form:** Tap the "**Sign In**" button to access your account.
- 3** **Congratulations!** You're now signed in and can start using the app. 🍏

If you've forgotten your password:

- To be sure your password is correct, press on the eye icon inside the password field.
- Look for a "Forgot Password" button.
- Follow the instructions to reset your password after receiving the reset link via email.



These steps should help you find and open the daily reading list and show you how to play bingo

1 On the home page, click on "**Arrow button**" to expand and collapse the daily reading list.

2 To get a bingo number, you need to make at least one daily reading.

3 As soon as one of the readings is done, the Bingo button will become available. Click on this button to get your daily bingo number.

4 Click on the button to launch the lotto machine and find out today's bingo number.

5 Once your bingo number is drawn, it will immediately be marked on your bingo card.

6 Congratulations, you are one step closer to bingo! New number can be requested tomorrow. To return to the main page click on the arrow on the screen.



These steps will help you set up notifications on your smartphone to stay informed about scheduled appointments.

1 Allow the app to access notifications in your system settings so you don't miss important ones.

2 Click on the notification on the screen to see the details of the appointment.

3 Notifications will come to your phone's home screen when the doctor schedules it for you.



These steps should help you locate and open the history of vital signs from any of your devices.

1 On the home page, scroll down to the "All Health Data" section.

2 Select the necessary health data option & open the graph with your readings.

3 You should be able to view your readings history at different time intervals. To check specific readings press "**Point**" on the graph.



These steps should help you find a list of prescribed medications.
Record medication intake and set up a reminder schedule.

- 1 For each newly prescribed medication, you can set a reminder schedule.
Click the **"Set Up Reminders"** button to access the notification settings.
- 2 On the medication page, click the reminder switch to start setting up notifications.
Customise the settings to suit your medication needs.
- 3 After completing the reminder settings, return to the home page.
*For detailed setup instructions, see page 22

4 Done! The Evelin app will remind you to take your medication.
Open the notification to get to the home page.

5 The home page will contain all the medications you need to take today.

6 Mark the medication status with buttons to save important data about your treatment.



These steps should help you locate and open the history of vital signs from any of your devices.

1 On the home page, scroll down to the **"Average of the last 30 days"** section.

2 You should be able to view all your average vital signs from your devices for the last 30 calendar days.



These steps will help you leave an honest review of the app and help us make it better.

1 On the home page, scroll down to the **"Feedback"** section.

2 Please select a feedback category, describe what you want to share, optionally a screenshot. If you want to receive a response, please also provide your contact information.

3 Confirm the form submission, this will return you to the home page
Your feedback is very important to us!



These steps should help you set up notifications of all your devices, personalize your account and view **Privacy Policy**.

1

On the home page click the "**Gear Icon**" icon on the bottom right to see your profile settings.

2

On the settings page, click on "**Plus Button**" to update your profile photo.

3

On the settings page, click on "**Notification section**" to see the schedule of device notifications.

4

To edit certain notifications, click on its **"Arrow button"** to update it.
If you need to create a new notification, click the orange **"Plus"** button on the bottom right.

5

You should be able to change the notification time, save changes or delete it.

6

By toggling, you can disable or enable a notification temporary.

7 In the Profile section, click "**Privacy Policy**" to open and view privacy documentation.

8 You should be able to view Accuhealth Privacy Policy documentation.



These steps will help you download your Vitals Reports and share them with contacts.

- 1 On the home page, click the "**Activity**" icon to see a list of your readings.

- 2 To download your vital signs history for a set period, use the reports panel at the top of the page.

- 3 The drop down menu has preset options for your report, select one of the options.

4 Once you have selected the desired report preset, click the "**Download Button**" to generate it.

5 You can download the generated report to your device or send it to the email specified during registration.

6 To go back to the activities screen, use the navigation buttons.



These steps could help you use the charts functionality try different views and show you how to handle charts.

- 1 In the "Activity" section, click on the necessary reading.
It will open a graph with your readings history.
- 2 To quickly navigate to the required day, use the button with the calendar icon.
- 3 Select an exact day to quickly jump to the selected date and view activity,

4 To look at your activity in different time periods and see general trends, use the weekly and monthly timeframes.

5 Here you will be able to view your readings history at different time intervals. To check certain reading values, press "**Column**" on the graph.

6 Press and drag the cursor horizontally to get to the indicator on the desired day.



These steps should help you find instructions on how to use the device and a video.

- 1 To get device usage instructions, click the device name below the readings graph.
- 2 You should be able to view usage instructions of the selected device.
- 3 To see a real example of using the selected device, switch to the video tab & press play.



These steps will help you set up and edit notifications for a specific device.

1 To create a new device notification, click the **"Add notification"** button to open notification settings.

2 If you need to create a new one, click on the orange "plus" button on the bottom right.

3 You should be able to set up a notification time for your selected device. Then click **"Save & close."**

4 To edit certain notifications, click "**Arrow Button**" to make the update.

5 You should be able to set up a notification time for your selected device.
Then click "**Save & close.**"

6 By toggling, you can disable or enable a notification temporary.



These steps should help you locate our contact information & interact with us.

1 On the home page, click the "**Interact**" icon on the bottom to see available contact methods.

2 Find your preferred contact method & click the "**Call or Message**" icon.

3 Submit outgoing call or message on your smartphone.



These steps will help you set up notifications on your smartphone to stay informed about scheduled appointments.

1

On the home page, click the "Info" icon at the bottom to see Appointment Details and treatment information.

2

"Appointment Details Section" Displays up-to-date information about your scheduled appointments with your physician.

3

Notifications will come to your phone's home screen when the doctor schedules it for you. Click on the notification on the screen to see the details of the appointment.



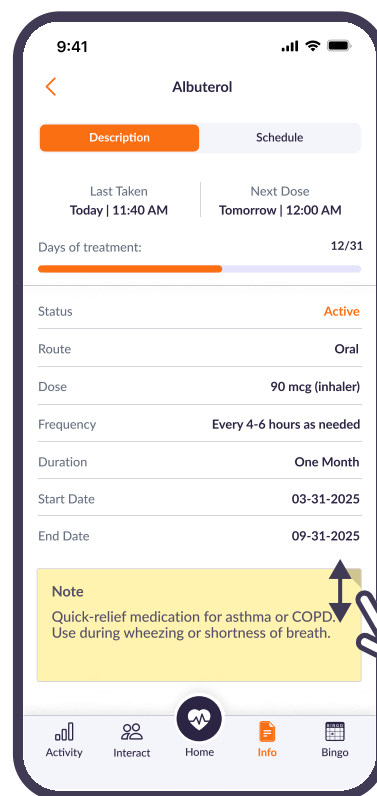
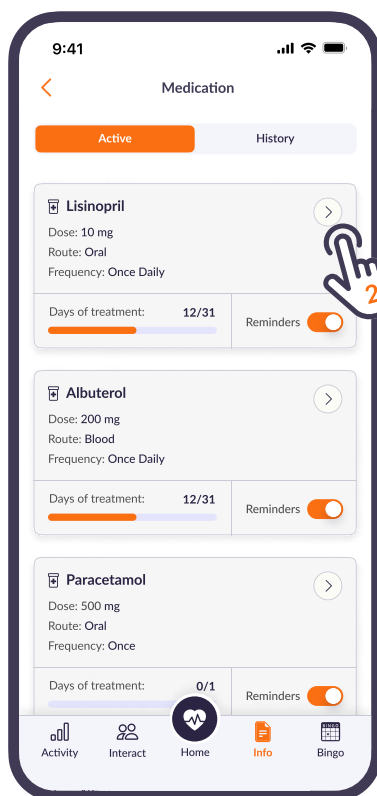
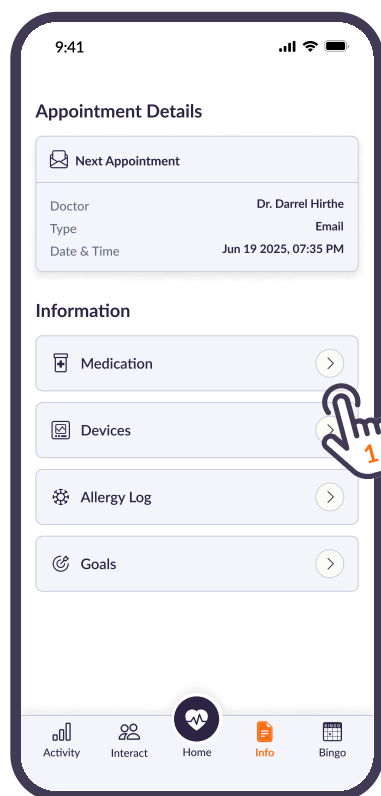
These steps should help locate your personal medications schedule their notifications & get additional details.

1 On the Info Page, click the "Medication" icon to see your personal medications list.

2 Click on a specific medication to view medication information and schedule.

3 You should be able to view:

- Medication dosage
- Frequency of usage
- Admission period
- Assigned doctor notes



4 On the medication page, go to the schedule tab to set up notifications for it.

5 In the frequency settings, specify the scenario suitable for taking your medication.

6 Click on the plus button to add a notification time.

-
- 7 In the Info section, click the "**Devices**" title to see the list of instructions for your devices.
 - 8 Specify the time and half of the day, confirm and save the selected time to complete the setup.
 - 9 You should be able to edit or delete the reminder using the context menu options.
-

10 If your medication has a non-standard schedule, use the interval setting by days of the week.

11 If your medication is more typically taken periodically, use the interval function by specifying the duration.

-
- 12 On the medications page, click the "**History tab**" to view your treatment history.
 - 13 Click on a "**Arrow button**" to view medication details.
 - 14 You should be able to view same medication information from previously used prescriptions.
-



These steps should help locate your personal medications schedule & device user manuals.

- 1 In the Info Section, click the "**Devices**" title to see the list of instructions for your devices.

- 2 Click on a device to view its user manual.

- 3 You should be able to view the full user manual for the selected device.



These steps will help you locate your personalized section with notes about your allergies.

1

In the Info section, click the "Allergy Log" title to see your personal medications list.

2

You should be able to view the full list of your allergies.

*contact your doctor if you see an error or remember something missing.



These steps will help you locate your personal and health goals.

1 In the Info section, click the "**Goals**" title to see your personal goals list list.

2 On the medications page, click the "**Personal**" to switch between goals type pages.

3 You should be able to view the full list of your noted goals.



These steps will help you locate, track your bingo cards and request bingo numbers.

1 On the home page, click the "**Bingo**" icon on the bottom to see available bingo cards.

2 Click on the "**Arrow Button**" to open the bingo card.

3 Here is your bingo card, to request a number you need to complete at least one daily reading.

-
- 4 Click the button to request a new bingo number.
 - 5 The result will be displayed on the home page, click on the button to continue.
 - 6 Once your bingo number is drawn, if you win it will immediately be marked on your bingo card.
-

7 To view the history of your numbers specified, click on the ball icon

8 To view previous bingo numbers drawn, click on the button with the ball.

9 As soon as the bingo number becomes available, you will receive a notification.
Good Luck to win Bingo!